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| **Time** | **Duration**  | **Activity**  | **Description**  |
| 13.00-13.15 | 15 mins | Welcome and intro | Introduction and welcome |
| 13.15-13.25 | 10 mins | What is GIRFE? | Overview of what GIRFE is, who Pathfinders are and what we are trying to achieve. |
| 13.25-13.40 | 15 mins | Creating innovation | Encouraging participants to come up with creative ideas. |
| 13.40-14.20  | 40 mins | How might we statements, creative ideas | Come up with as many ideas as possible to help meet the How Might We statements using post it notes |
| 14.20-14.30 | 10 mins | Break |  |
| 14.30-14.45 | 15 mins | Theming ideas  | Gather ideas together into themes |
| 14.45-15.15 | 30 mins | Our Brilliant idea  | Using the template detail what the best idea is and how it meets the GIRFE principles |
| 15.15-15.30 | 15 mins | Rounding up  | Share ideas with wider group & round up the session |