

GRAMPIAN

Wellbeing

festival



Grampian Wellbeing Festival 2024

Overview

Aberdeenshire Wellbeing Festival (nhsgrampian.org) has, for the past eight years, been held to support mental health and wellbeing and raise awareness of community support, activity and events which promote and support all our mental health and wellbeing.

In 2024 we are delighted to work with Aberdeen City HSCP for **Stay Well Stay Connected** and Moray HSCP to offer the Grampian Wellbeing Festival 2024.

We invite organisations/groups to take part in the festival by sharing/offering free event(s) which fit in with the overall aims for the festival which are:

- To offer a wide range of events which aim to promote positive mental wellbeing.
- To help local organisations raise awareness of their events/services.
- Increase participation year on year by sharing free events which are inclusive and accessible.
- Offer events for people across all age groups
- Help participants increase mental wellbeing by taking in local events and accessing health and wellbeing resources.

Please complete the relevant sections in this form by inputting details of your events(s) and how you wish them to be included in the Grampian Wellbeing Festival Programme.

We can promote events offered only during the month of May 2024.

The festival will be promoted via all Health and Social Care Partnerships via social media, posters, partners' websites, through a printable and digital information booklet. Hosts will be asked to post their own events via a dedicated social media page and preferred methods of advertisement as well.

All hosts are requested that activities/events being held in May are submitted by responding to this survey by Thursday 29th February 2024 at 5pm.

All events submitted by closing date will be promoted by NHS Grampian, Aberdeen City Health and Social Care Partnership, Aberdeenshire Health and Social Care Partnership, and Moray Health and Social Care Partnership within the dedicated Festival program. Everyone will be offered the option to be included in a printable booklet to provide information to festival goers on what will be offered in each area in Grampian. Please note personal information you provide will not be shared but will be used to contact you for any missing information in advertising your event. All information in this form will be held securely for the development of the wellbeing Festival Programme < **Privacy Notice - Aberdeen City Council - Citizen Space**>

Events, as in previous years, can be held indoors, virtual or outdoor and must take place during the month of May 2024. You can share any new events or existing activities as part of the festival but all events must be offered for free. We look forward to seeing the wide range of options being offered in Grampian Wellbeing Festival 2024 and hope that the festival provides lots of options for people to get involved and to support their wellbeing across Grampian.

For information on the **Aberdeenshire Wellbeing Festival 2023 Aberdeenshire Wellbeing Festival** (nhsgrampian.org)

Why your views matter

Grampian Wellbeing Festival 2024 is an opportunity for those hosting events or activities to highlight support and services available in their community. The Grampian Festival May 2024 planning group will promote all events and increase reach across Grampian.

Section 1 - Single event booking

Please only complete this section if you are offering a single event at the Grampian Wellbeing Festival.

We would like to ask the hosts to share any photographs from their events as part of celebrating the Grampian Wellbeing Festival May 2024. All hosts must seek permission before taking photographs. The photographs shared with NHS Grampian, Aberdeen City Health and Social Care Partnership, Aberdeenshire Health and Social Care Partnership and Moray Health and Social Care Partnership may be used for future festival promotions and reporting in performance reports.

Section 2 – Single events in multiple locations

Section 3 – One large event with multiple partners

Return the form to:

Aberdeenshire: **gram.shirepublichealthadmin@nhs.scot**

Aberdeen City and Moray: **SWSC@aberdeencity.gov.uk**

Section 1 - Single event booking

1. Please choose which area(s) you will be offering events as part of the Wellbeing Festival:

Please select all that apply

- Aberdeen City
- Aberdeenshire
- Moray
- All of the above

2. What is the name of event?

3. One line description of event:

4. What date is the event being hosted? E.g. Wednesday 1st May

5. What is the event start time? E.g. 2pm

6. What is the event end time? E.g. 3.30pm

7. Type of event being hosted, in person, online? Please select all that apply:

- In person/face to face
- Online
- Hybrid (in person and online)
- Pre recorded

8. Provide address of where the event will be if in person:

9. What is the maximum number of people who can attend the event?

10. Please provide any specific target audience:

E.g. Children under 12, adults only, men only, where relevant state if open to all ages

11. Please choose how people will book your event:

Please select all that apply

- Telephone
- Email
- Online link e.g. Eventbrite, Zoom
- Drop-in
- Other

12. Please provide information for booking e.g. phone number, email, weblink, QR code:

13. Would you consent to being added to a distribution list for future Wellbeing Festivals?

Please select only one item

- Yes
- No
- Information on 2025 festival only

Feedback confirmation

Feedback after the Grampian Wellbeing Festival has ended will provide information on the benefits for people and hosts participating in the festival.

By taking part in the festival, you must agree to complete evaluation of your event/activities and share an evaluation for feedback from participants taking part. By agreeing to this you will be required to share this feedback by June 15th 2024. This will help us then share outcomes from the festival in the annual report.

Required

Please select all that apply:

- I agree to completing host evaluation
- I agree to share festival goers' feedback

Depending on the event you are holding please go to the relevant section to complete the booking form. Please select what applies:

- If you are hosting one single event, to complete section 1
- If you are hosting single events, in multiple locations complete section 2
- If you are hosting one large event with multiple partners, complete section 3

Name of person completing the form:

Email or telephone of person completing the form:

Return your completed form(s) to the email below which is relevant to the area your event(s) will be offered:

Aberdeenshire: **gram.shirepublichealthadmin@nhs.scot**

Aberdeen City and Moray: **SWSC@aberdeencity.gov.uk**

Section 2 – Single events in multiple locations

Please complete this section if offering more than one event in more than one location.

1. Please choose which area(s) you will be offering events as part of the Wellbeing Festival:

Please select all that apply

- Aberdeen City
- Aberdeenshire
- Moray
- All of the above

2. What is the name of event?

3. One line description of event:

4. Type of event being hosted, in person, online? Please select all that apply:

- In person/face to face
- Online
- Hybrid (in person and online)
- Pre recorded

5. What is the maximum number of people who can attend the event?

6. Please provide any specific target audience:

E.g. Children under 12, adults only, men only, where relevant state if open to all ages

7. Please choose how people will book your event:

Please select all that apply

- Telephone
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- Online link e.g. Eventbrite, Zoom
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8. Please provide information for booking e.g. phone number, email, weblink, QR code:

9. Event information

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9. Would you consent to being added to a distribution list for future Wellbeing Festivals?

Please select only one item

- Yes
- No
- Information on 2025 festival only

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Section 3 – One large event with multiple partners

Please complete this section if you are offering a large event with more than one partner involved.

1. Please choose which area(s) you will be offering events as part of the Wellbeing Festival:

Please select all that apply

- Aberdeen City
- Aberdeenshire
- Moray
- All of the above

2. Name of partner organisation:

3. What is the name of event?

4. One line description of event:

5. What date is the event being hosted? E.g. Wednesday 1st May

6. What is the event start time? E.g. 2pm

7. What is the event end time? E.g. 3.30pm

8. Type of event being hosted, in person, online? Please select all that apply:

- In person/face to face
- Online
- Hybrid (in person and online)
- Pre recorded

9. Provide address of where the event will be if in person:

10. What is the maximum number of people who can attend the event?

11. Please provide any specific target audience:

E.g. Children under 12, adults only, men only, where relevant state if open to all ages

12. Please choose how people will book your event:

Please select all that apply

- Telephone
- Email
- Online link e.g. Eventbrite, zoom
- Drop-In
- Other

13. Please provide information for booking e.g. phone number, email, weblink, QR code:

14. Would you consent to being added to a distribution list for future Wellbeing Festivals?

Please select only one item

- Yes
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